



RICH/LEX NEWS

A DISABILITIES AND SPECIAL NEEDS BOARD UPDATE

Important Medicaid Waiver Information

SCDDSN currently administers 4 Medicaid Waivers:

- ◆ **MR/RD:** Mental Retardation and Related Disabilities Medicaid Waiver
- ◆ **HASCI:** Head and Spinal Cord Injury Medicaid Waiver
- ◆ **PDD:** Pervasive Developmental Disorder Medicaid Waiver
- ◆ **CSW:** Community Supports Waiver



Are you waiting for a Medicaid Waiver slot? All of these Medicaid Waivers have a waiting list at this time. We want to be sure your name is on the list *if you've requested the waiver in the past.*

When your name is added to these waiver waiting lists you should receive a letter informing you that your name has been added. You should keep that letter with your important information. Please take a few minutes to confirm that you are on the Medicaid Waiver waiting list if you have requested it in the past. You can do so by calling your service coordinator.



If you **are not** currently on a Medicaid Waiver waiting list but you would like more information and possibly request a Medicaid waiver please contact your service coordinator at 252-5179.

Announcing Stepping Stones!!

Step Ahead Early Intervention announces **Stepping Stones!** These monthly information sessions are for the families we serve in our Step Ahead program.

When: The last Tuesday of each month during our regularly scheduled *Mother's Morning Out* You can drop your child off, stay for a short Stepping Stones session and still have time to run out for coffee or shopping!

Each month we will have a speaker to discuss various topics related to Child Development and Early Intervention. Some months will even be devoted to just having fun!



Please see your Early Interventionist for more information on Stepping Stones and next month's topic.

We look forward to seeing you there!



Please remember to check our website. We keep it updated with information you need

www.rldsn.org



Water Safety

It's beginning to get warm outside, and we will soon be ready to take a dip in the pool or lake. We need to think about water safety.

Water sources such as pools and lakes are not the only places we need to be concerned about with drowning. Your home also has drowning hazards.

Many of our consumers have seizure disorders. Seizure disorders are an added reason for us to be even more cautious around water.

Take a few minutes to be sure you have taken precautions to prevent drowning.

Drowning

Did you know that every day, about ten people die from unintentional drowning. Of these, two are children aged 14 or younger.

Drowning is the sixth leading cause of unintentional injury death for people of all ages, and the second leading cause of death for children ages 1 to 14 years

How can Drowning be **Prevented**?

For persons with **seizure disorders**, drowning is the most common cause of unintentional injury death, with the bathtub as the site of highest drowning risk

If you or a family member has a seizure disorder, provide **one-on-one supervision** around water, including swimming pools. Consider taking showers rather than using a bath tub for bathing.

- ◆ **Supervision** is important! Designate a responsible adult to watch young children while in the bath and all children swimming or playing in or around water.
- ◆ Always swim with a **Buddy**
- ◆ **Learn CPR**: It might take time for the ambulance to arrive
- ◆ Do not use air-filled toys in place of **life jackets**
- ◆ **Avoid Alcohol** before or during swimming or boating and while supervising children.

For more information on drowning and drowning prevention please visit the CDC website:

Center for Disease Control and Prevention
<http://www.cdc.gov/HomeandRecreationalSafety/Water-Safety/>

Greater Columbia Disabilities Foundation

WHAT IS THE GREATER COLUMBIA DISABILITIES FOUNDATION?

The Greater Columbia Disabilities Foundation is an organization established to provide support to people who are served by the Rich/Lex DSN Board. It is a non-profit 501(c)(3) organization. This organization is able to accept items for donation, memorials, or direct monetary contributions.

What did the Foundation do this Year?

The Greater Columbia Disabilities Foundation funded 2 Projects :

\$10,000 to be for Family Support and Respite

&

\$5000 for Disabilities Prevention

If you, your business or your employer would like to make a donation please contact us at 252-5179 or mail your donation to:

Greater Columbia Disabilities Foundation
301 Greystone Boulevard
Columbia, SC 29210

We will mail you a receipt.

Thank you

Have you seen us Around?

Look for us on billboards in Lexington and Richland Counties!

Thanks to the Foundation for funding this Prevention Campaign



A SPECIAL THANKS TO THE
R.L. Bryan Company,
OUR NEIGHBOR,
FOR HELPING US WITH OUR PRINTING NEEDS!

PLEASE ACCEPT OUR SINCERE APPRECIATION

The Greater Columbia Disabilities Foundation appreciates the generosity of those who support people with disabilities and special needs.

DONATIONS:

C-Anne Able Allstate Agency

Melissa and Joseph Walker

MEMORIALS:

Edward D. Hopkins
Mr. Osmund Dixon

Ann Wells
Mr. Osmund Dixon

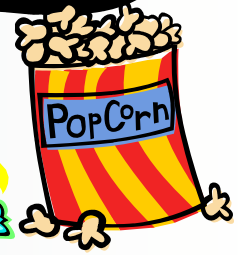
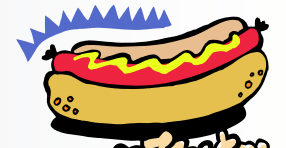
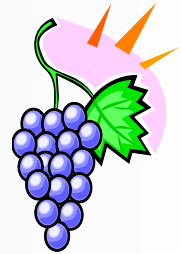
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Choking Hazards!

Colorful foods such as grapes and other round foods seem like they're the perfect foods for children. These foods are common choking hazards unless you cut them into small pieces according to the Center for Injury Research and Policy at Nationwide Children's Hospital, in Columbus, OH. Pediatricians recommended holding off on the following foods until age 4:

- ◆ Chewing gum
- ◆ Grapes
- ◆ Hard, gooey or sticky candy
- ◆ Hotdogs
- ◆ Marshmallows
- ◆ Nuts and Seeds
- ◆ Popcorn
- ◆ Raw vegetables, such as carrots

Children with special needs might need to wait until after 4 years of age. You should consult with your child's doctor to see when he is ready for these foods.



Reference: Your Baby's First Year: Remedy MD, Spring 2011

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Richland/Lexington Disabilities and Special Needs Board
301 Greystone Boulevard
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